

NEW: Employee Assistance Program (EAP)

Spring Health

Partnership will help individuals thrive by eliminating barriers to mental health



Why Spring Health?



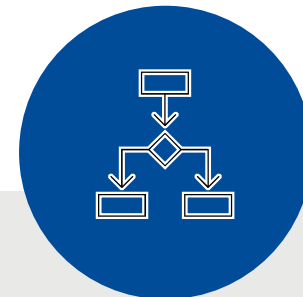
Access

Delivers faster access to care for everyone (**<1 day**), including rural communities, with continuity of care after use of EAP sessions



Provider Matching

Care navigation that starts with an initial assessment to connect individuals to the right level of support with personalized matching to faith-based providers



Engagement and Outcomes

Measurable clinical outcomes, real-time performance insights and demonstrated impact on productivity and reduced health plan costs

Spring Health Care and Support



Members and Families

- Dynamic Assessment + Personalized Care and Navigation
- Full-Spectrum Care with coaching, therapy and medication management
- Self-Guided Digital Exercises
- 24/7 Crisis Support
- Work-Life Support



People Leaders

- On-Demand Performance with Data + Insights
- Manager/Leader Training
- Manager Consultations + Referrals
- Critical Incident Support + Rapid Response
- Strategies for Increased Utilization and Outcomes

No Cost Sessions: 8 Sessions for Therapy/Coaching + 2 Sessions for Medication Management Annually