Calling All People of Color: Clergy & Lay
October 17, 2020, from 9 AM - 2 PM
Zoom Online Meeting
Registration Fee: $15
Scholarships available. Contact: dtaylorstorm@epaumc.org

We Will Highlight:
• Defining PTSD
• Defining Racism

We will be exploring practical solutions & resources.

Post-Traumatic Growth = healing after trauma.

Becoming Untethered from your trauma.

Because of your race, have you ever felt:
- singled out?
- marginalized?
- disrespected?
- ridiculed?

Have you ever raised a racial sensitivity concern and you were made to feel that you were:
- going crazy?
- overly sensitive?
- overreacting?

Have issues of race ever left you with these feelings?
- panic
- nightmares
- anxiety
- rage
- despair
- worry
- depression
- flashbacks

Register:
https://www.etouches.com/racism-trauma

Registration includes copy of Dr. Collins’s bestselling book, The Trauma Zone, and a copy of Romal Tune’s book, Love is an Inside Job.

The Eastern Pennsylvania Conference
The United Methodist Church
Sponsored by the Eastern PA Conference Commission on Religion and Race.