

# Emotional Intelligence & You!

## *Jesus' Approach*

### Created specifically for:

Clergy

Lay Leaders

Christ Servant Ministers

Certified Lay Ministers

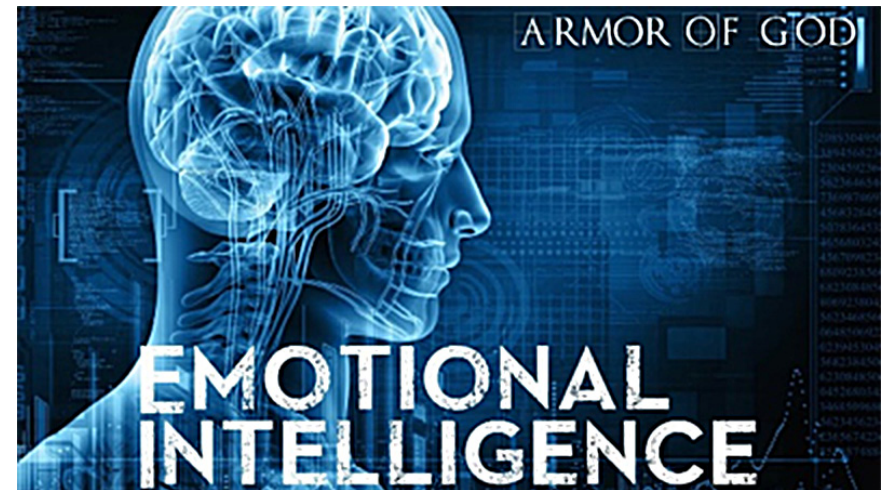
Conference Committees

Local Church Committees

Anyone interested in creating an  
inclusive, nurturing church!

Contact David Piltz at **814-883-0118** or  
**[dpiltz@epaumc.org](mailto:dpiltz@epaumc.org)** with questions.

*Like a city breached, without walls, is one who  
lacks self-control. Proverbs 25:28 NRS*



## DECEMBER 1<sup>ST</sup>, 2018

Where: Christ UMC – Lansdale, PA

When: 9:30 am – 4:00 pm

Cost: \$10

Register:

<https://www.etches.com/emotional>



**EASTERN PENNSYLVANIA CONFERENCE**

The United Methodist Church

*Making disciples of Jesus Christ for the transformation of the world.*

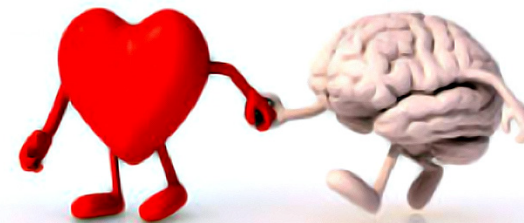
Offered by **CORR** and the **EPA Conference Office**.  
**Presenters:** Rev. Dr. Anita Powell & Pastor David Piltz.  
.6 CEUs available.

#### Emotional intelligence:

- is innate to everyone.
- impacts communication, teamwork, conflict management.
- creates an inclusive welcoming environment.
- provides insight into Jesus' life and approach to managing conflict, creating believers, teaching about living life with God at the center.
- guides responses to issues such as oppression, violence and inequality.

You will actively explore emotional intelligence and be able to:

- define emotional intelligence and how to capitalize on using emotional intelligence.
- identify effective methods to communicate, collaborate, and build partnerships with others.
- enhance your leadership style by actively using emotional intelligence.
- create leadership teams and congregations that are emotionally intelligent.
- identify how Jesus was emotionally intelligent through scriptures.
- create an action plan to implement emotional intelligence in your churches and ministries.



#### Practice the power of managed responses!

This program is highly introspective and interactive to create personal self-awareness. Strengthening emotional intelligence results in:

- increasing satisfaction and happiness in life and work.
- regulates and manages emotions.
- explains the root of our behaviors and interactions with others.
- creates groups that are able to successfully navigate conflict and disagreement.
- enhances inclusiveness of all aspects of diversity within congregations.

*You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. James 1:19-20 NRS*